



**ESC COACH COURSE  
RIFLE/PISTOL/SHOTGUN  
BUDVA, MNE  
24 NOV-1 DEC 2026**

**ESC COACH DEVELOPMENT COURSE LEVEL 1  
GENERAL INFORMATION**

<b>DATE</b>	24 November – 1 December 2026
<b>LOCATION</b>	Budva Shooting Range
<b>LANGUAGE</b>	English
<b>TUTORS</b>	Rifle: Anne Grethe Jeppesen, NOR Pistol: Jelena Arunovic, SRB Shotgun: Diego Gasperini, ITA

**COURSE OVERVIEW**

The ESC Coach Development Course Level 1 is part of the ESC Coaching & Performance Academy educational pathway and is designed for coaches wishing to strengthen their technical coaching competencies in Olympic shooting disciplines.

The programme combines discipline-specific technical education with Sport Science modules, providing participants with an integrated understanding of shooting technique, biomechanics, postural alignment, stability, physical preparation and athlete development.

The course includes online preparatory activities, on-site theoretical and practical sessions, individual assignments and a final assessment leading to the ESC Coach Development Course Level 1 Certificate.

**COURSE OBJECTIVES**

Upon completion of the course, participants will be able to:

- Understand the fundamental technical principles of their shooting discipline
- Apply effective methods for teaching and correcting shooting technique
- Understand the role of biomechanics in shooting performance
- Apply principles of postural alignment, balance and stability during technical instruction
- Introduce basic concepts of physical preparation for shooting athletes
- Recognise common technical errors and implement appropriate correction strategies
- Improve coaching methodology through practical teaching activities
- Integrate technical, physical and educational





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principles into everyday coaching practice

**REGISTRATION**

Member Federations must register their candidates through the ESC Entry System by **10 October 2026**.

Each application must include:

- a completed online registration
- the candidate's Curriculum Vitae (CV)
- the completed application questionnaire

Only applications submitted through the official ESC Entry System before the registration deadline will be considered.

**SELECTION  
PARTICIPANTS**

**OF**

The course is intended for national-level coaches and coaches with experience in international competitions.

Participants will be selected based on the evaluation of their Curriculum Vitae (CV) and the answers provided in the application questionnaire.

**ACCEPTANCE**

Initially, a maximum of 25 participants per discipline (Rifle, Pistol and Shotgun) will be accepted.

Each Member Federation may register a maximum of six participants, with no more than two participants per discipline.

Should the number of applications exceed the available places, a waiting list may be established.

Member Federations whose applications have been accepted will receive an official Letter of Acceptance.

**PARTICIPATION FEE**

The participation fee is **EUR 250** per participant.

The fee includes:

- Educational materials
- Access to the online learning platform
- Online pre-course activities
- Final assessment
- ESC Coach Development Course Level 1 Certificate upon successful completion

Payment must be made upon receipt of the invoice no later than **25 October 2026**.





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**COURSE STRUCTURE AND  
ASSESSMENT**

Before the residential course, selected participants will receive access to the ESC Learning Platform, where they will complete pre-course assignments and study the educational materials.

An introductory online session with the tutors will be organised prior to the course.

The residential course combines theoretical lessons, practical coaching sessions, group discussions and practical teaching activities.

Participants must achieve a minimum score of **80%** in the final assessment to successfully complete the course.

Following the course, participants may be required to complete post-course assignments or a learning log, according to the tutors' requirements.

Participants who successfully fulfil all course requirements will receive the **ESC Coach Development Course Level 1 Certificate**.

**TRAVEL AND ACCOMMODATION**

Following the selection process, accepted participants will receive a Letter of Acceptance together with the Travel Form. The completed Travel Form must be returned to the Organising Committee **by 25 October 2026**.

The Organising Committee will arrange accommodation on a full-board basis for all participants who request it.

**Official Airports**

- Podgorica International Airport
- Tivat International Airport

**Official Hotel**

**Avala Resort & Villas**  
Mediterranska 2, P.O. Box 44  
85310 Budva, Montenegro

**Accommodation Rates**

- Single room: EUR 155 per night (full board included)
- Double room: EUR 235 per room per night (full board included)

**Airport Transfer**





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Airport transfers between the official airports and the official hotel can be arranged by the Organising Committee.

- Transfer fee: EUR 50 per person (one way)

### **Check-in / Check-out**

- Check-in: from 15:00
- Check-out: by 11:00

Full board includes dinner on the arrival day and breakfast on the departure day.

### **Accommodation Payment**

Accommodation payment must be made to the Organising Committee **by 25 October 2026** using the bank details provided below.

## **COURSE REQUIREMENTS**

Participants are expected to:

- attend all scheduled course activities
- actively participate in classroom discussions and practical sessions
- complete all pre-course and post-course assignments
- successfully complete the final assessment
- comply with the safety regulations and instructions provided by the tutors and the Organising Committee

## **WHAT TO BRING**

Participants are advised to bring:

- A valid passport or national identity card
- Comfortable clothing suitable for classroom and range activities
- Personal hearing and eye protection (if available)
- Materials for taking notes (notebook and pen or an electronic device, according to personal preference)
- Any personal equipment required for practical sessions

Participants are encouraged to actively engage in discussions, practical activities and group work throughout the course.





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**SUMMARY OF DEADLINES**

<i>Activity</i>	<i>Deadline</i>	<i>Submission / Contact</i>
<i>Registration</i>	<i>10 October 2026</i>	<i>ESC Entry System - <a href="https://esc-entry.eu/home">esc-entry.eu/home</a></i>
<i>Travel Form</i>	<i>25 October 2026</i>	<i><a href="mailto:mneshootingfederation@gmail.com">mneshootingfederation@gmail.com</a></i>
<i>Accommodation Payment</i>	<i>25 October 2026</i>	<i>Organising Committee (bank transfer)</i>
<i>Participation Fee Payment</i>	<i>25 October 2026</i>	<i><a href="mailto:esc@escsport.eu">esc@escsport.eu</a></i>
<i>Homework Submission</i>	<i>15 November 2026</i>	<i>ESC Learning Platform</i>

**ACCOMMODATION PAYMENT: [mneshootingfederation@gmail.com](mailto:mneshootingfederation@gmail.com)**

*Deadline: 25 October 2026*

***Beneficiary***

STRELJACKI SAVEZ CRNE GORE

***Bank***

CRNOGORSKA KOMERCIJALNA BANKA AD PODGORICA

***IBAN***

ME25510000000020175167

***SWIFT/BIC***

CKBCMEPG

**PARTICIPATION FEE PAYMENT: [esc@escsport.eu](mailto:esc@escsport.eu)**

*Deadline: 25 October 2026*

***Beneficiary***

European Shooting Confederation

***Bank***

Union Bancaire Privée, UBP SA

***IBAN***

CH02 0865 7201 0B40 9111 5

***BIC***

UBPGCHGGXXX

**CONTACTS**

*For any questions regarding the course, please contact:*

***Course Coordinator***

***Eros Scarpino***

*ESC Coaching & Performance Academy*

*Email: [scarpinoeros@gmail.com](mailto:scarpinoeros@gmail.com)*

***Organising Committee***

***Montenegro Shooting Sport Federation***

*Email: [mneshootingfederation@gmail.com](mailto:mneshootingfederation@gmail.com)*

